

# How to memorize a piece - effective strategies for pianists

Jeeyoon Kim, D.M.A.

[www.jeeyoonkim.com](http://www.jeeyoonkim.com)

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- Why do we memorize music?
- Understanding our memory
  - a. 3 types of a memory
    - i. Sensory
    - ii. Short-term (working memory)
    - iii. Long-term
  - b. Stages of a memory
    - i. Encoding
    - ii. Consolidation
    - iii. Retrieval
  - c. Musical memory
    - i. Auditory
    - ii. Muscle
    - iii. Cognitive
  - d. A visual map
  - e. Practice Strategies
  - f. Interleaved Practice

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